

No Nonsense CDM

Health & safety advisors and CDM consultants
Eldon House, 2-3 Eldon Street, London, EC2M 7LS



Contents of the Health & Safety Plan

Description of the project

- project description, programme details and project team
- any key dates
- extent and location of existing records

Management of the work

- management structure and responsibilities
- health and safety goals for the project and arrangements for monitoring and review
- arrangements for
 - liaison between parties on site
 - consultation with the workforce
 - exchange of design information and handling design changes
 - selection and control of contractors
 - exchange of health & safety information between contractors
 - site security
 - site induction and on site training
 - welfare and first aid
 - reporting and investigating of accidents
 - production and approval of risk assessments and written systems of work
 - site rules including client requirements
 - fire and emergency procedures

Arrangements for controlling significant risks

- **safety risks –**
 - delivery and removal of materials and waste taking account of any risks to the public
 - services including temporary electrical installations
 - adjacent land use
 - stability of structures
 - preventing falls
 - fragile materials
 - control of lifting operations
 - maintenance of plant and equipment
 - poor ground conditions or contaminated land
 - excavations and underground earthworks
 - work in confined spaces
 - work on or near water
 - work in a caisson or compressed air working
 - demolition
 - work involving explosives
 - managing temporary works
 - traffic management
 - storage of materials

Contents of the Construction Phase Health & Safety Plan (continued)

Arrangements for controlling significant risks (continued)

- **health risks including –**
 - asbestos
 - contaminated land
 - manual handling
 - use of hazardous substances
 - animal hazards (such as rats – leptospirosis)
 - noise & vibration
 - ionising radiation
 - UV radiation

The health & safety file

- layout and format
- arrangements for collecting information
- storage of information